#### CURRICULUM VITAE

## SEHRAWAT ISHA



#### PERSONAL DATA

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Personal web site/blog/LinkedIn profile www.linkedin.com/in/isha-sehrawat46

Place and date of birth Rangpuri, New Delhi, 8 July 1998

Nationality **Indian** 

Permanent Address via don giovanni verita, 5 35131 Padova (PD)

Tax Code SHRSHI98L57Z222G

Gender Female

**ENGLISH** 

## **LANGUAGES**

Certificazione: IELTS Band 7.5				
HINDI	ML	ML	ML	ML
GERMAN	A1	A1	A1	A1
ITALIAN	B1	B1	A2	A1
FRENCH	A1	A1	A1	A1

C2

C2

## COMPUTER SKILLS

#### Software

Microsoft Office, Excellent Labvanced, Excellent Matlab, Basic SPSS, Excellent QUALTRICS, Excellent

Modified Date 11/02/2022

#### EDUCATION AND TRAINING

#### UNIVERSITY TRAINING

2020 - Ending date 10/15/2022

# COGNITIVE NEUROSCIENCE AND CLINICAL NEUROPSYCHOLOGY - SECOND-CYCLE DEGREE

Psychology / University of Padua

Grade 99/110

Thesis title: Thinking about self-talk: a case study in children's private

speech

Supervisor: Dr Judit Gervain

2017 - Ending date 08/06/2020

## Clinical Psychology - Bachelors in Science

Psychology / Shree Guru Gobind Singh Tricentenary University

Grade 7.82

Thesis title: RELATIONSHIP AMONG NARCISSISM, FAMILY RELATIONSHIP

AND INSTAGRAM BEHAVIOUR IN COLLEGE GIRLS

Supervisor: Dr. Rajbir Singh Hooda

HIGH SCHOOL DIPLOMA

2016

Holy Child Auxilium School Grade obtained 92 / 100

## STAGE EXPERIENCE

04/06/2022 - 09/06/2022

## **University Of Padua**

To identify stable and mediating vulnerability factors for impulsive, compulsive behaviour in a healthy population under the supervision of Professor Nicola Marie Joan Edelstyn. We have also been exploring risk factors for externalising behaviours such as gambling, eating disorder, and compulsive shopping. The study adopts a transdiagnostic approach, which makes the assumption that normal and abnormal behaviour is dimensional and exists on a continuum of dysfunction. My primary responsibilities are: 1. Survey creation using the survey package Qualtric 2. And, relatedly, methodological manipulations to monitor data quality (attention checks, randomisation). 3. Ethical principles underpinning informed consent, participant care, confidentiality anonymity, withdrawal. 4. And relatedly, their implementation in practice through the drafting of information sheet, consent form and debrief for submission to the psychology research ethics committee.

Ricerca e sviluppo

05/23/2021 - 11/21/2021

#### University of Padua

To assist in ongoing research projects of Professor Judit Gervain. To acquire necessary research skills and possess the ability to compile, analyse, and present data through written reports and verbal presentations. Ricerca e sviluppo

#### 05/23/2019 - 07/22/2019

## 1 wellness clinic

Observe and learn Clinical skills and deal with complex cases specifically dealing with children and Couple's counselling; provide psychological assessments, intakes, and appropriate referrals; Performs supervised couple's counselling, supervision, crisis intervention, and consultation/outreach supervision of a licensed counselling psychologist. Medico-sanitaria

01/23/2019 - 04/17/2019

#### Manthan

Observe and learn Clinical skills and dealing complex cases; provide psychological assessments, intakes and appropriate referrals; Performs supervised individual counselling and crisis intervention under the supervision of a licensed psychiatrist.

Medico-sanitaria

07/18/2018 - 12/06/2018

## Karma Centre for Counselling and Wellbeing

Manage client case files; provide psychological assessments, intakes and appropriate referrals; Performs supervised individual and group counselling, crisis intervention, and consultation/outreach under supervision of a licensed clinical psychologist.

Medico-sanitaria

#### TRANSVERSAL SKILLS

My previous education and professional experience have helped me gain oral, writing, and interpersonal communication skills; I possess the ability to compile, analyse, and present information through written reports and verbal presentations. I work well with others and can navigate challenging personal dynamics. I am usually quite aware of other people's feelings and needs, contributing outside the discipline through teamwork, leadership and conflict resolution. I am a disciplined time manager. I have also learned to be flexible and assess multiple perspectives, and critically compare and contrast evidence.

## PERSONAL INTEREST

I enjoy reading and writing, specifically thrillers. However, I prefer to spend my leisure time painting or sketching. I'm also a huge history enthusiast, so I enjoy taking a deep dive into the past if not making art or spending time in something literary-based.

## FURTHER INFORMATION

Available: immediately

Available to travel: Abroad

Available to relocate: Abroad